



Health Kits for Haiti

UMCOR's two relief supply warehouses are asking United Methodists to provide health kits that can be sent to earthquake-devastated Haiti.



KIT CONTENTS

Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 6 adhesive plastic strip sterile bandages
- \$1 (NOTE: UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before it is sent. **Please include \$1 for each kit toward the purchase of toothpaste.**)

Important Kit Assembly Information

All items included in kits must be NEW items.

All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items—nothing more.

Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly difficult to removed and will delay the shipment.

“For people who are feeling powerless in being able to help those in Haiti, providing health kits is a tangible way they can make an immediate difference,” said Kathy Kraiza, director of UMCOR’s relief supplies. She estimates that hundreds of thousands of kits will be needed in the days and months ahead.

The kits, valued at about \$12 per kit, contain everything from towels and washcloths to sterile bandages and bar soap. They will be distributed to those who have been forced to leave their homes as a result of the recent disaster.